

## Nomination Rules

As a community leader in emergency preparedness, prevention and response, the Sacramento Sierra Chapter of the American Red Cross will host a celebration to honor individuals in our community who have taken action in a time of crisis to help others and show extraordinary human compassion.

### Criteria for Nominations:

- Nominees for a Hero award must have performed an act or acts of courage, as described in one of the nomination categories.
- All nominees must work or reside in the Sacramento Sierra Chapter jurisdiction (Alpine, Amador, Calaveras, El Dorado, Placer, Sacramento, Tuolumne, East Yolo and East Nevada counties), though the heroic act(s) may have occurred elsewhere.
- The heroic act must have occurred between October 15, 2009 and June 30, 2010.
- **Nomination forms must be received by August 1, 2010.**
- Nominees must be available to attend the Hometown Heroes luncheon on **September 21, 2010**. Hero award recipients and one guest will be given complimentary tickets.
- All nominee information will be shared with the Heroes selection committee and Hero award recipients' information (excluding personal contact information) will be shared with the general public. All information subject to verification.

Hero award recipients will be selected by a committee of community leaders. Heroes are selected based on the degree to which their acts of heroism uphold the values of the American Red Cross and leave a lasting and positive impact on the residents of the greater Sacramento area. Finalists will be notified by mail. Awards will be presented at the 2010 Hometown Heroes luncheon.



American Red Cross

Hometown Heroes

## NOMINATION FORM

American Red Cross  
Sacramento Sierra Chapter  
**Hometown Heroes Nominations**  
1565 Exposition Blvd.  
Sacramento, CA 95815

### Honor Your Hero!

Take a moment to recognize the heroic achievements of someone you know: a friend, a family member or a neighbor! Every day someone reaches out to impact the lives of those around them – and they deserve to be recognized!

Nominate your hero today!

***Please select your Hero category:***

**Animal Rescue Hero**

A person who has rescued an animal from a traumatic situation or an animal that has protected a human or another animal in a time of need.

**Education Hero**

A person in a school or other educational setting who used life-saving skills to save or attempt to save the life or lives of others, or a local school, teacher, or program which directly affected the ability of the community to prevent, prepare for and/or respond to disasters.

**Good Samaritan – Adult Hero**

(Between the ages of 21 and 55)

An adult who used life-saving skills to save or attempt to save the life or lives of others, or who provided unusual and significant services in response to an emergency or disaster.

**Good Samaritan – Senior Hero**

(Over the age of 55)

A senior who used life-saving skills to save or attempt to save the life or lives of others, or who provided unusual and significant services in response to an emergency or disaster.

**Good Samaritan – Youth Hero**

(Under the age of 21)

A youth who used life-saving skills to save or attempt to save the life or lives of others, or who provided unusual and significant services in response to an emergency or disaster.

**Law Enforcement Hero**

A professional law enforcement officer (Sheriff, Police, FBI, CHP, etc.) who went above and beyond the line of duty by using life-saving skills to save or attempt to save the life or lives of others, or by acting heroically in response to an emergency or disaster.

**Medical Professional Hero**

A medical professional (doctor, nurse, EMT, paramedic, hospital/clinic staff, etc.) who went above and beyond the call of duty by using life-saving skills to save or attempt to save the life or lives of others, or by acting heroically in response to an emergency or disaster.

**Military Hero**

A member of the armed forces (active, reserve, retired, commissioned or non-commissioned) who during active duty status went beyond the scope of his/her job to help others in critical need by using life-saving skills to save or attempt to save the life or lives of others, or by acting heroically in response to an emergency or disaster.

**Professional Rescuer Hero**

A professional rescuer (firefighter, lifeguard, etc.) who went above and beyond the line of duty by using life-saving skills to save or attempt to save the life or lives of others, or by acting heroically in response to an emergency or disaster.

**Spirit of the Red Cross Hero**

An act by an individual(s) that exemplifies the humanitarian mission of the American Red Cross.

**Workplace Hero**

An individual who used life-saving skills to save or attempt to save the life or lives of others at his or her place of employment or job site or an individual/organization which was involved in a workplace project that directly affected the ability of the community to prevent, prepare and/or respond to disasters.

***Nominee and Nominator Information***

**Nominee (Hero)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer/Org: \_\_\_\_\_

**Nominator (You!)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer/Org: \_\_\_\_\_

**Nomination Statement**

Please describe why you are nominating this candidate(s) for a Hometown Heroes award and explain in detail the event that occurred. Include names and phone numbers of witnesses that we may contact to verify the event. If more than one person was involved in the courageous act, include their names and contact information as well. Please attach additional pages as needed.

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**Nominations must be received no later than August 1, 2010**

**Three ways to nominate:**

- 1) Mail this completed form to:  
American Red Cross Sacramento Sierra Chapter  
Hometown Heroes Nominations  
1565 Exposition Blvd.  
Sacramento, CA 95815
- 2) Fax this completed form to: (916) 993-7094
- 3) Email this information to: [lingom@sacsierraredcross.org](mailto:lingom@sacsierraredcross.org)